

MY FIELD TRIP TO A

WISCONSIN

DAIRY FARM

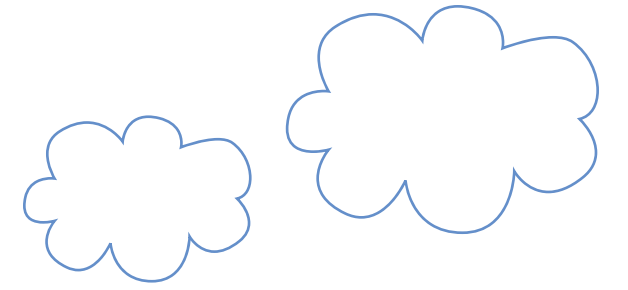
by Tyler Bowie



BROUGHT TO YOU BY THE DAIRY FARM FAMILIES OF WISCONSIN



This report is dedicated to
the hardworking dairy farm families
of Wisconsin.



Name: Tyler Bowie

Grade: 1st

Teacher: Mrs. Wyatt

School: Jefferson Elementary





TODAY, we went on a field trip to the Mackenzie Farm. It was a beautiful day to have school outside.

We learned about farms and where our food comes from.



See, until today, I always thought food came from the grocery store. Mom and Dad buy the food, cook it and we eat it. That's why I was so excited to meet a real farmer. I wanted to ask him myself what he does every day.



T Y L E R

that's me!





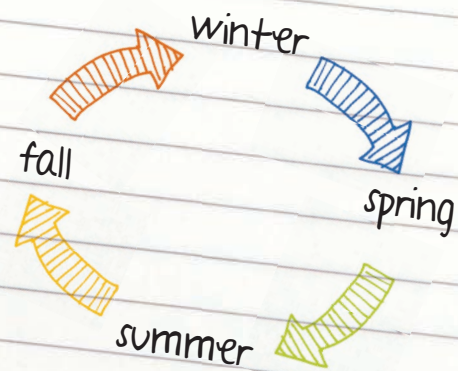
M R.
M A C K E N Z I E



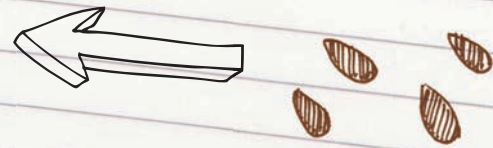
WHEN we got off the bus, Mr. Mackenzie was there to greet us. It sure was nice of him to take time from his busy day to show us around the farm.

Mr. Mackenzie told us how things like fruits and vegetables start off as seeds in the ground. Seeds get planted in the spring and grow all summer long. In the fall, they are harvested. Then in the winter, the ground rests until spring.

And then they do it all over again! It's like a circle, I guess. Or a cycle?



Next time you eat one of these, remember: it grew from a seed!



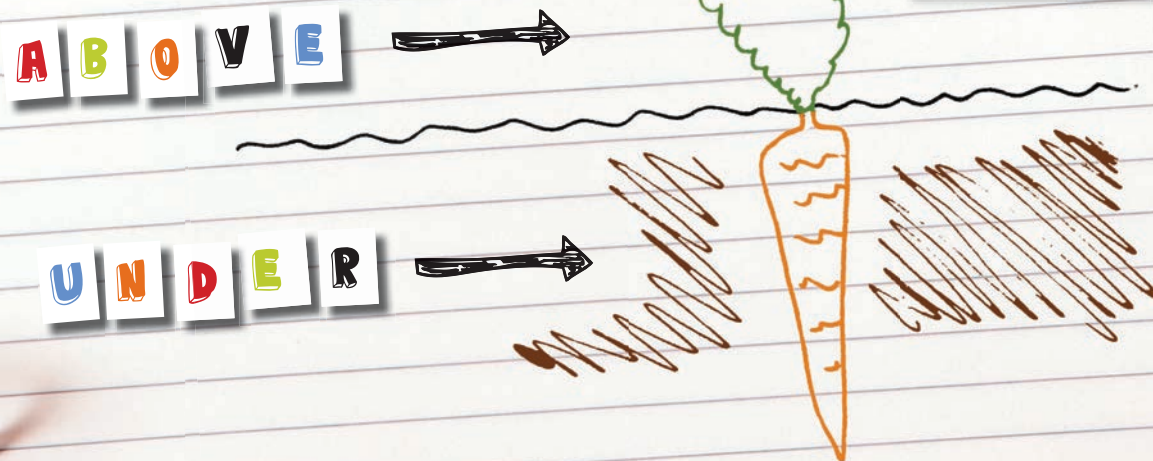
AFTER we learned about seeds, we were able to see what they grow into. First, we started with some vegetables.

Pumpkins and cucumbers are examples of vine plants. Other vegetables that grow on a vine are squash, peas and beans.

SOMETIMES, we eat the part of the plant that grows entirely underground, like carrots, beets and turnips.



I love Halloween...
and roasted pumpkin
seeds!!!



Don't forget
potatoes!

THEN Mr. Mackenzie showed us a large field of corn. I couldn't believe how much corn there was! It seemed like the field went on forever.

THE STALKS WERE SO TALL!



Mr. Mackenzie said that each stalk usually grows one or two ears of corn. That's a lot of work for a couple of ears of corn!

Things made of corn:

CORN ON THE COB

CORN TORTILLAS
POPCORN!



CRANBERRIES!

FROM THERE,

we went to see some of the fruit they grow on the farm, including blueberries and melons. They even had an apple orchard!



Many fruits grow on trees, such as cherries and pears. Some also grow on vines like strawberries, grapes and cranberries.

Here are some other fruits I can think of:

RASPBERRIES

BLACKBERRIES

WATERMELONS PLUMS

AND TOMATOES!



(Tomatoes are a fruit, you know!)

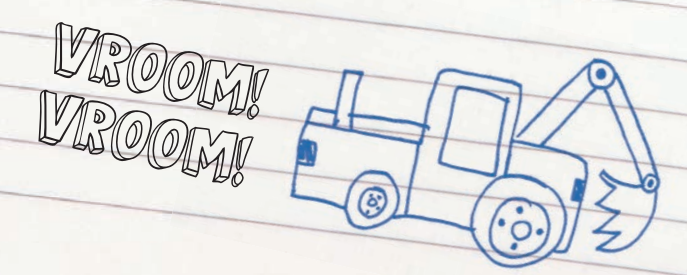
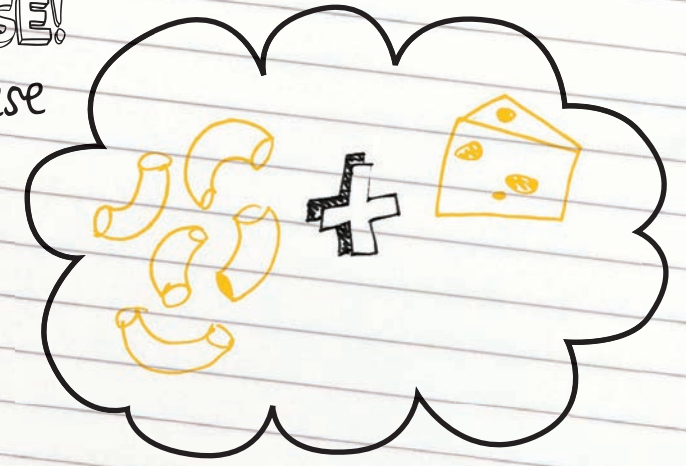




NEXT, we went to see the wheat field. Mr. Mackenzie explained that wheat is used to make all kinds of foods we love to eat every day, like bread, cereal and noodles!

I ALSO LEARNED about the giant tractors farmers use to plant the wheat. I think it would be fun to drive one, but Mr. Mackenzie said we have to wait until we're older.

YES, PLEASE!
mac 'n' cheese



WE WERE STARTING

to get tired, but Mr. Mackenzie told us we were just getting to the best part: the animals! (On a farm, they're called livestock.)

We learned how chickens lay eggs, and give us meat.



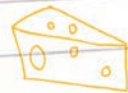
Mr. Mackenzie told us that farms raise other animals for food, like pigs and turkeys. This is how people get protein. Protein helps kids like me grow

BIG MUSCLES!



WE FINALLY got to the part I was most excited about: the dairy cows!

We learned that dairy farms raise cows for their milk. Milk is used to make all of our favorite dairy foods, like cheese, yogurt and milk. And of course, ICE CREAM!



I wonder if **CHOCOLATE MILK** comes from brown cows?



WE WATCHED dairy cows being milked, and even got to see the babies, which are called calves. They were pretty cute.



THE FIVE FOOD GROUPS:



Dairy



Fruit

There's dairy in here, too!

Protein



Grain

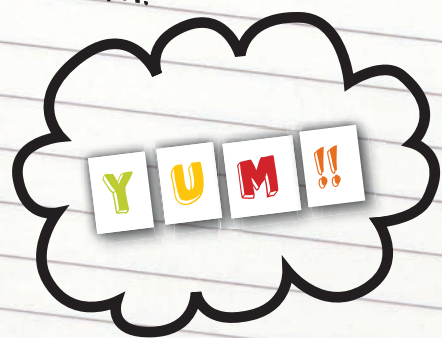


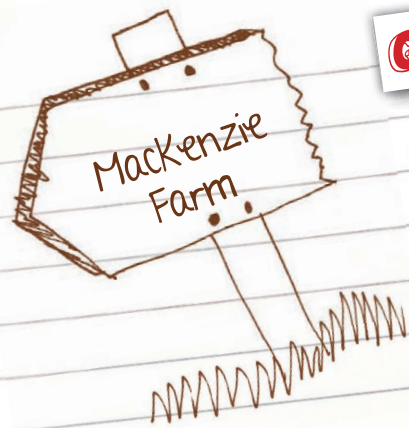
Vegetable

FINALLY, it was time for lunch. Mr. Mackenzie said we were in for a real treat. We could eat lunch outside and try some of the foods we just learned about.

As we ate, Mr. Mackenzie talked about how important it is to eat a healthy meal, with food from all five of the food groups.

We were all so hungry, we cleaned our plates! It was delicious! I guess because we knew it all came from the farm.





GOOD
BYE!!



BEFORE we knew it, it was time to go back to school.

It was a great trip. I could see how the Mackenzie Farm was like its own little town. It seemed like everyone had a job to do, and that everything they do is so kids like me can eat healthy, fresh food every day.

I can't wait until the next time Mom goes to the grocery store. I think I'll go with her.

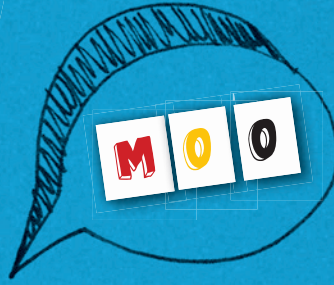


TYLER BOWIE'S GROCERY LIST:

- Strawberries
- Potatoes
- Bread
- Yogurt
- Cereal
- Eggs
- Cheese
- Hamburgers
- Milk
- Ice cream sandwiches







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