

PROUDLY WISCONSIN

- *Chocolate Milk Facts* -

20+ SCIENTIFIC STUDIES

Support the benefits of recovering after strenuous exercise with the high-quality protein and nutrients found in chocolate milk



Natural source of high-quality

PROTEIN
to build lean muscles

3:1

carb-to-protein ratio
to refuel tired muscles

B VITAMINS

to help convert food to energy



ELECTROLYTES



REHYDRATE



For more information visit
builtwithchocolatemilk.com

Look for the Proudly Wisconsin Dairy badge on all your dairy products.
wisconsindairy.org

